Oct. 4, 2026

FAITH UMC

Weekly Bulletin

Disciples making Disciples

October Mission of the Month (loose coin offering): World Missionary Press

October CCS Collection: Shampoo & Conditioner & Nonperishable Foods

Prayer Requests:

Christine Byrd (Pontius)

Christina Cook - Cleveland Clinic

✝ **October is Pastor Appreciation Month** ✝

and we want to celebrate and give thanks for our wonderful pastors, **Pastor Doug and Pastor Ben**! We are so **incredibly grateful** for all that you do for Faith UMC. Your love, dedication, wisdom, and **faithful leadership are such a blessing** to our church family. You are doing **God's work** each and every day, and we are so thankful for the way you faithfully steward and guide our church.

Thank you for your prayers, your encouragement, your time, and for always being there for our church family. Your service does not go unnoticed, and we truly appreciate the heart you both pour into **shepherding and teaching** us.

Please join us in showing Pastor Doug and Pastor Ben some extra love and appreciation on

⛪ **Pastor Appreciation Day, Sunday, October 11th** 🙏

Thank you, Pastor Doug and Pastor Ben, for answering God's call and faithfully serving our church. We are **blessed** to have you! ❤️

Pastor Doug Anderson

Stephen Ministry

We all have had and will continue to experience some level of anxiety over much of our life situations. It is not a joke or an exaggerated simple feeling that we can brush off by keeping our chin up. According to the article: "How to help someone with anxiety" (https://care.headway.co/mental-health-resources/how-to-help-someone-with-anxiety?),
Systems of anxiety are excessive worry, racing and repetitive thoughts, difficulty concentrating or making decisions, feeling on edge or irritable, feeling intense fear, racing heart, shortness of breath, nausea or abdominal discomfort, muscle tension, and difficulty sleeping. While exhibiting behavioral changes such as avoidance, excessive reassurance- seeking and checking behaviors, withdraw from social situation, and difficulty completing everyday tasks. Strategies for assisting someone with anxiety according to the article are listening without judgement, acknowledge and validate the person's feelings, staying calm and patient, reassure the person, then if necessary, point them towards getting professional support.
The skills listed above are some of the very same skills that Stephen Ministers are trained to use. Isn't it awesome that God has provided confident, trained people in our own congregation that can assist someone in dealing with anxiety. Please, if you are dealing with anxiety of any sort or know of anyone dealing with anxiety contact Gayle Thielen 574-370-3427 or John Moore 574-238-4906. They will coordinate a Stephen Minister to meet with you as you work through this anxiety. If you feel that you would like to have the opportunity to help people in this manner, contact Janet Miller 574-536-7883 for information on becoming a Stephen Minister.

www.Faithumc.com
Voice 574-875-4438 | Text 574-406-2620
22045 County Road 18, Goshen, IN 46528

- **Sunday, October 4- Communion**
  - 8:30am Traditional Service
  - 9:45am Children & Adult Studies
  - 10:45am Contemporary Service
- **Monday, October 5-**
  - 10am Prayer Team
  - 11:30am Lunch & Learn
  - 6pm Men's Fellowship Group @ Michael's Restaurant
  - 6pm Bazaar meeting in the Parlor
- **Tuesday, October 6-**
- **Wednesday, October 7-**
  - 10am Bags to Mats
  - 5:30pm Ladies Bible Study
  - 6:30pm J-Squad & Youth Group
- **Thursday, October 8-**
  - 5pm Veterans Life Group @ Rico's
- **Friday, October 9-**
  - 12pm Colonial Dames Meeting in the Parlor
- **Sunday, October 11- PASTOR APPRECIATION DAY**
  - 8:30am Traditional Service
  - 9:45am Children and Adult Studies
  - 10:45am Contemporary Service

TODAY'S PRAYER ASSISTANTS

1st Service: Barb Weaver

2nd Service: Brian Conwell

HYMNS

I STAND AMAZED IN THE PRESENCE #371 1,2,4,5

LORD, WHOSE LOVE THROUGH HUMBLE SERVICE
#581 All verses